

Woodlake Hurricanes

Practice and Meet Schedule

Note: The coach may move swimmers between groups based on group numbers and experience. If you need to request a particular group due to siblings or other commitments, please let us know at woodlakehurricanespres@gmail.com.

In-Season

Morning Practice Sessions at SRC: *(June 5 - July 10, Monday -Friday)*

- 13 and Over: 8:00 am - 9:00 am
- 9 - 12: 9:00 am - 10:00 am
- 8 and Under: 10:00 am - 10:45 am

Evening Practice Sessions at SRC: *(June 5 - July 6, Monday, Wednesday, Thursday)*

Evening practice will be held at the SRC for families that can not make the morning sessions.

- 8 and Under: 5:30 pm - 6:00 pm
- 9 and Older: 6:00 pm - 7:00 pm

Tropical Storm Sessions at SRC: *(June 5 - June 29, Monday - Thursday, Friday may be used as a makeup day for rain cancellations)*

- Group 1: 11:00 am - 11:30 am
- Group 2: 11:30 am - 12:00 pm

CHAMPS Practices

Swimmers attending CHAMPS will have morning practice at SRC July 11 - July 17.

Meets

Meets start at 6:00 pm with the exception of CHAMPS. Away meets, swimmers need to be “on deck” by 5:00 p.m. for warm-ups. Home meets, swimmers need to be on-deck by 4:30 p.m. Some volunteer positions need to check-in earlier.

TUES June 6 @ACAC	TUES June 27 Brighton Green (home meet)
TUES June 13 @Walton Park	WED July 5 Stonehenge (home meet)
TUES June 20 @YMCA	MON Jul 10 Bon Air (home meet)
TUES July 18 CHAMPS (only qualified swimmers)	